The Forex Supersonic Manual Strategy Step By Step Success Blueprint
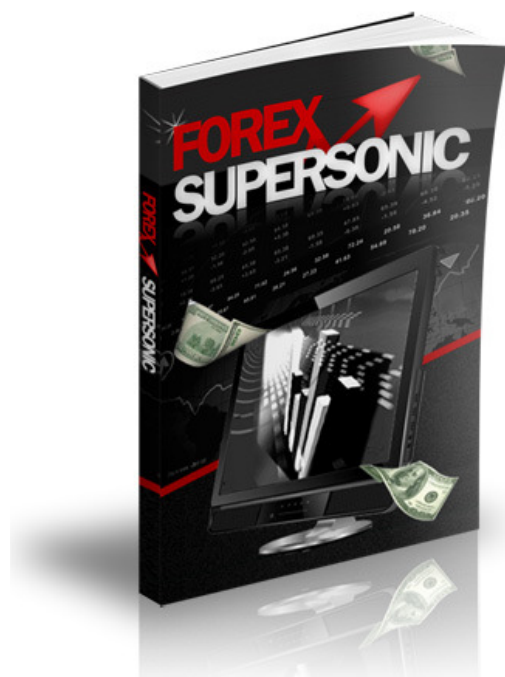
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About the Strategy

Forex Supersonic is based on a breakout strategy. It works on the theory that if price action breaks out of a set range, then this breakout will continue with great strength.

The theory makes money by setting pending orders on the edge of a defined range, and waiting to capture these breakouts. Statistically proven, this strategy is known and documented to make money.

How To Trade The Forex Supersonic Strategy Manually

Step 1: Find your Broker's GMT Offset.

It is vital that we know the correct time in GMT for this strategy to work properly. Individual Metatrader 4 brokers use different server times and these often are NOT the same as GMT.

We need to know the difference between the time display on your Market Watch within MT4 and the actual GMT time.

To do this; open MT4. Look at the Market Watch time.

Then visit www.google.com and search for "gmt time"

My broker's time = 05:39

GMT time = 02:39

So the difference between GMT time and my broker's time is +3 hours. That means that my broker's time is 3 hours ahead of GMT time.

Step 2: Find our range.

To get set up for the trade you need to do this at about 4 GMT – 5:30 GMT. The trade will be placed at 6 GMT on-the-dot so give yourself some time to be prepared!

In MT4 select **File** > **New Chart** > **GBPUSD**

Then select the **15m** timeframe.
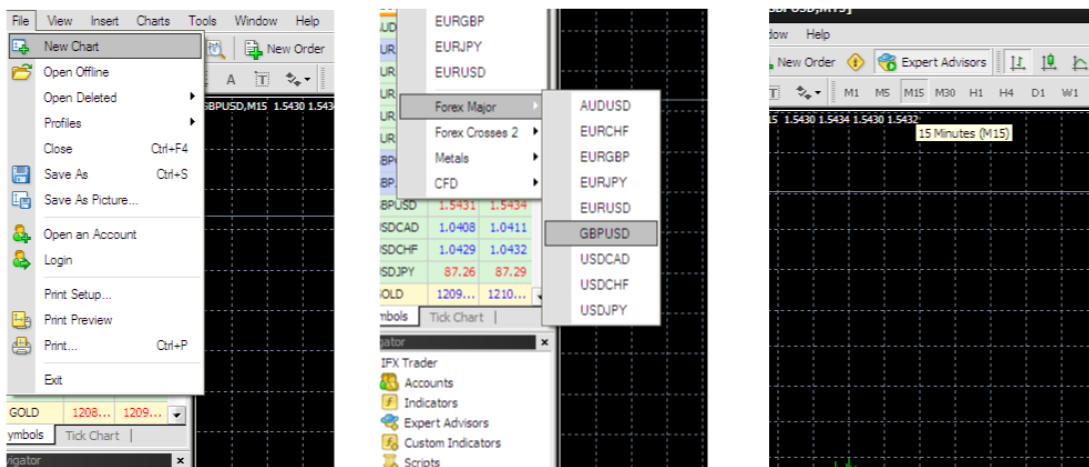
Then select the **Line Tool**:
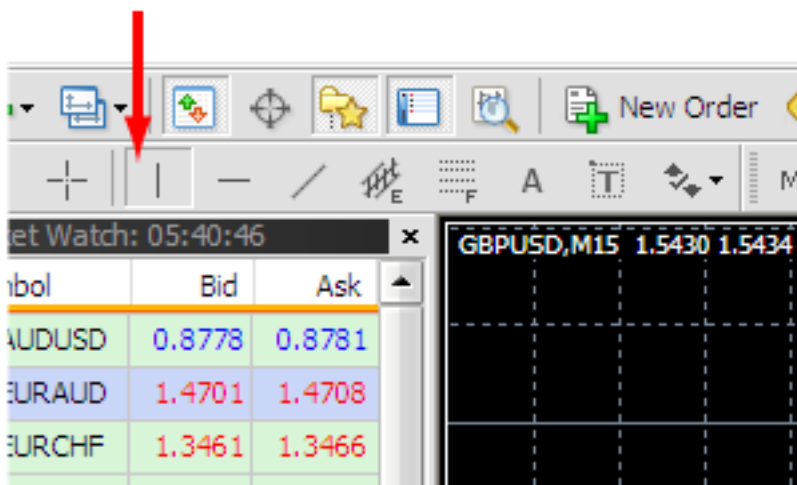
Click ANYWHERE on the GBPUSD 15m CHART and you should see that a red line appears on the chart.

REPEAT this step so that you have 2 vertical red lines on the chart.

Now we need to adjust the lines so that one is at 04:00GMT and the other at 06:00 GMT.

RIGHT click on the chart. From the menu that pops up select **Objects List.**
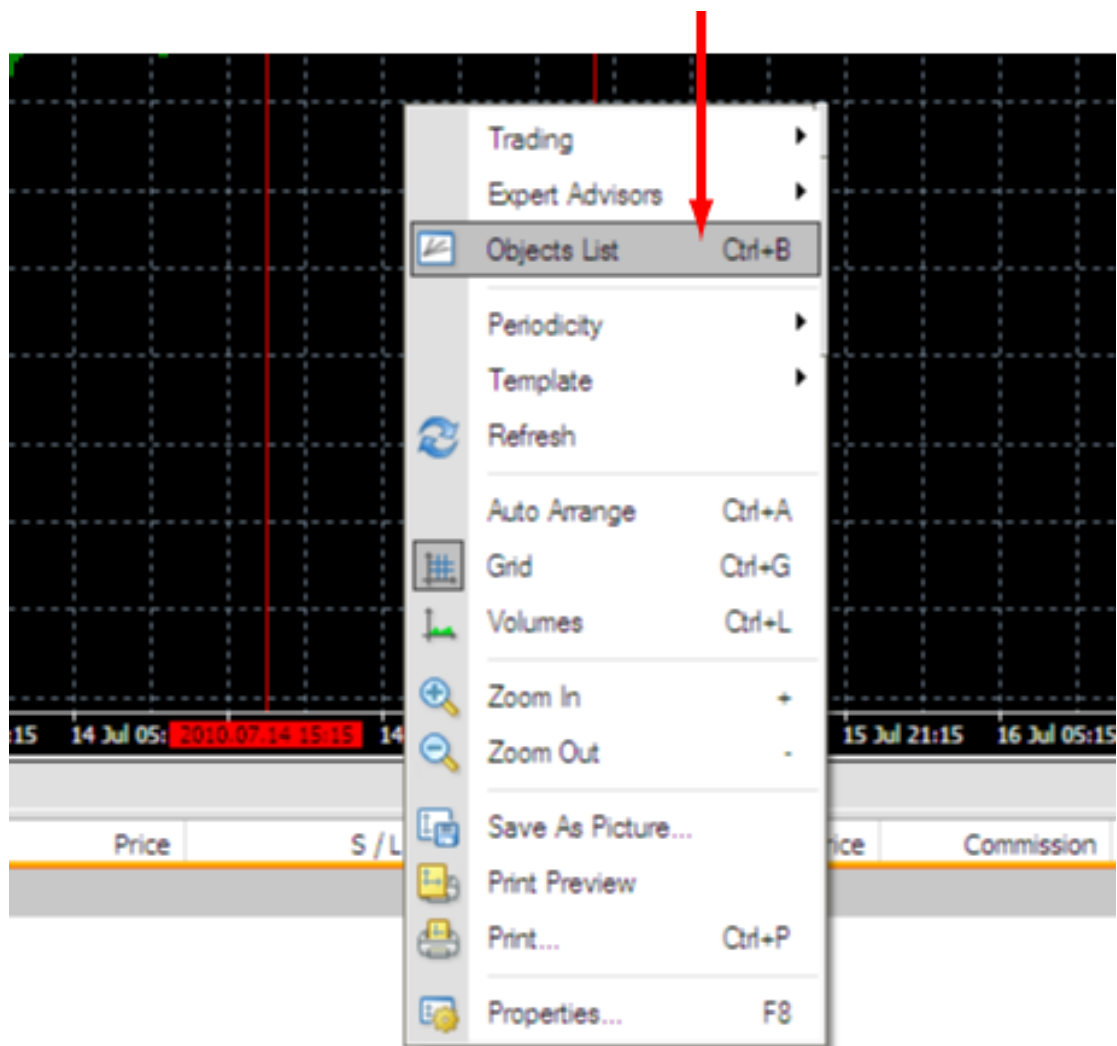
From the box that pops up select the first vertical line and click **Edit**.
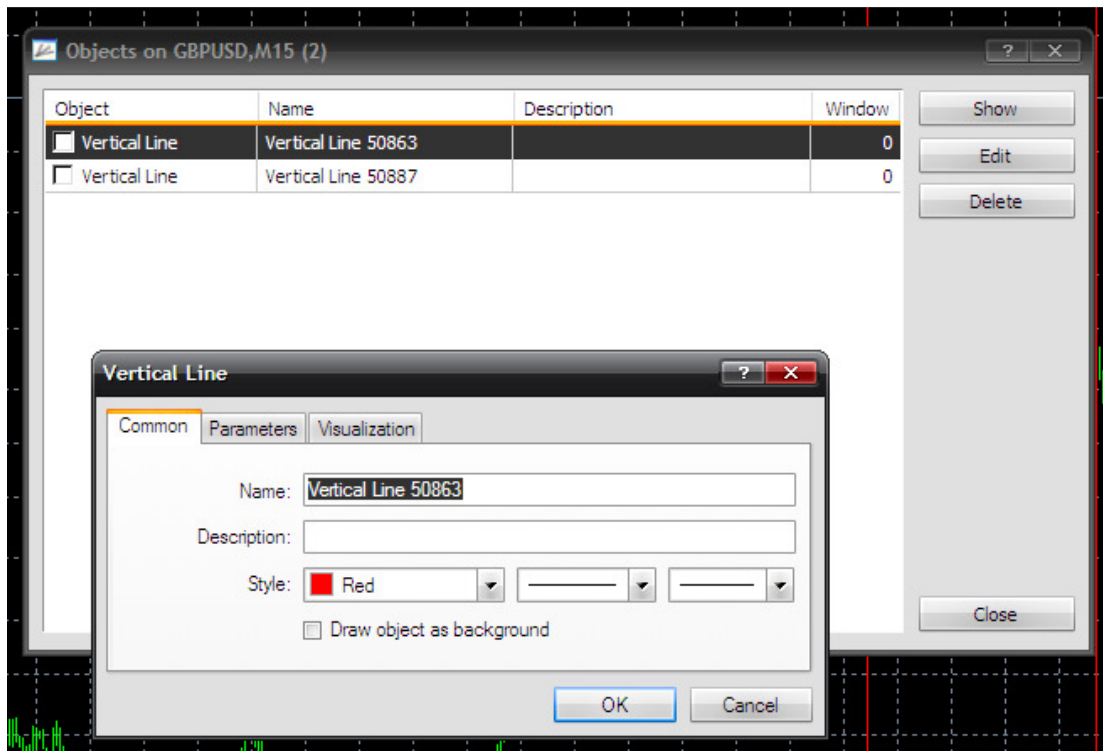
Then select the **Parameters** tab.

Now you need to remember your broker's GMT offset. In this example our broker's GMT offset was +3 hours.

We need to know what time 04:00 and 06:00 GMT are in "Broker time".

04:00 GMT = +3 GMT Offset = 07:00 Broker Time

06:00 GMT = +3 GMT Offset = 09:00 Broker Time

Now, we need to set those lines to those times, so that we can see 4 and 6 GMT on the chart. To do this just click to edit and type the time:
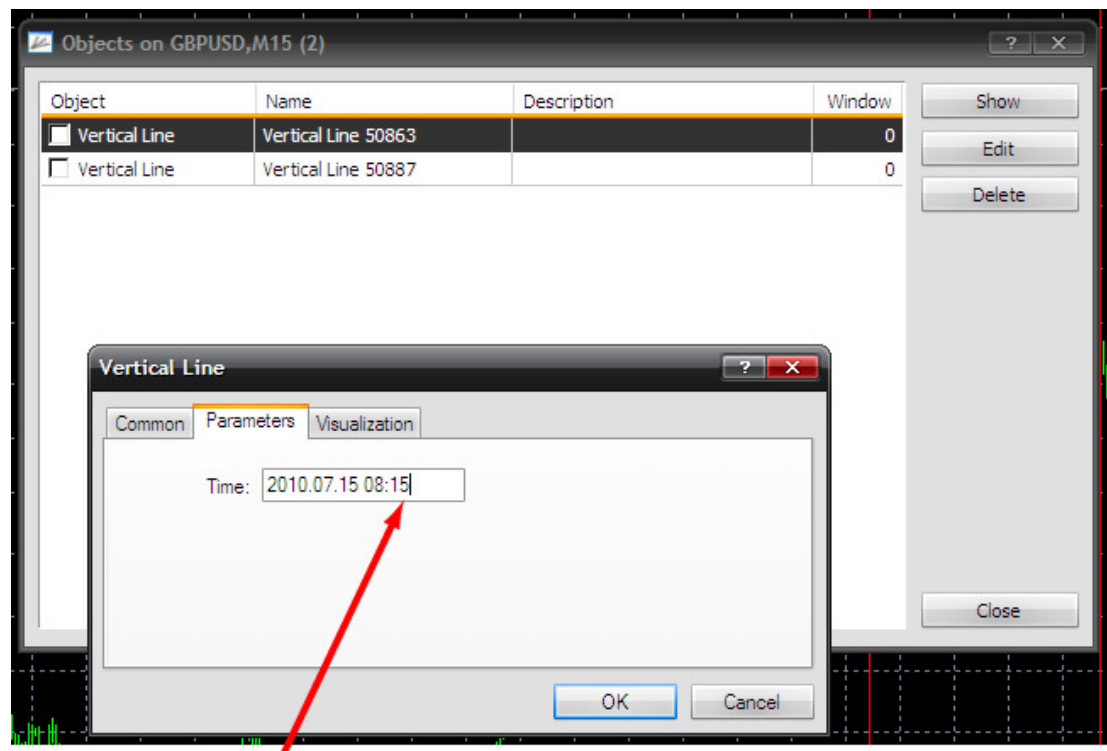
Adjust the Parameter Time for the FIRST vertical line to 07:00 (4 GMT)

Adjust the Parameter Time for the SECOND vertical line to 09:00 (6 GMT)

Once done, click OK, and adjust the second line. Then click **Close**.

You will see the lines move on the chart to the correct times.

Ensure that you set the correct date: We are setting up for a trade, we do this BEFORE the time has happened, so you should see the lines ahead of the current bar on the chart, like this:

You can see from the chart above that we set this trade up at 4 GMT, as the first bar enters our 4 – 6 GMT range.

The next stage it to add a Moving Average. By adding this we can filter out false breakouts and dramatically improve out profit levels.

Using the image below as a guide, select the Indicators toolbar icon > Trend > Moving Average
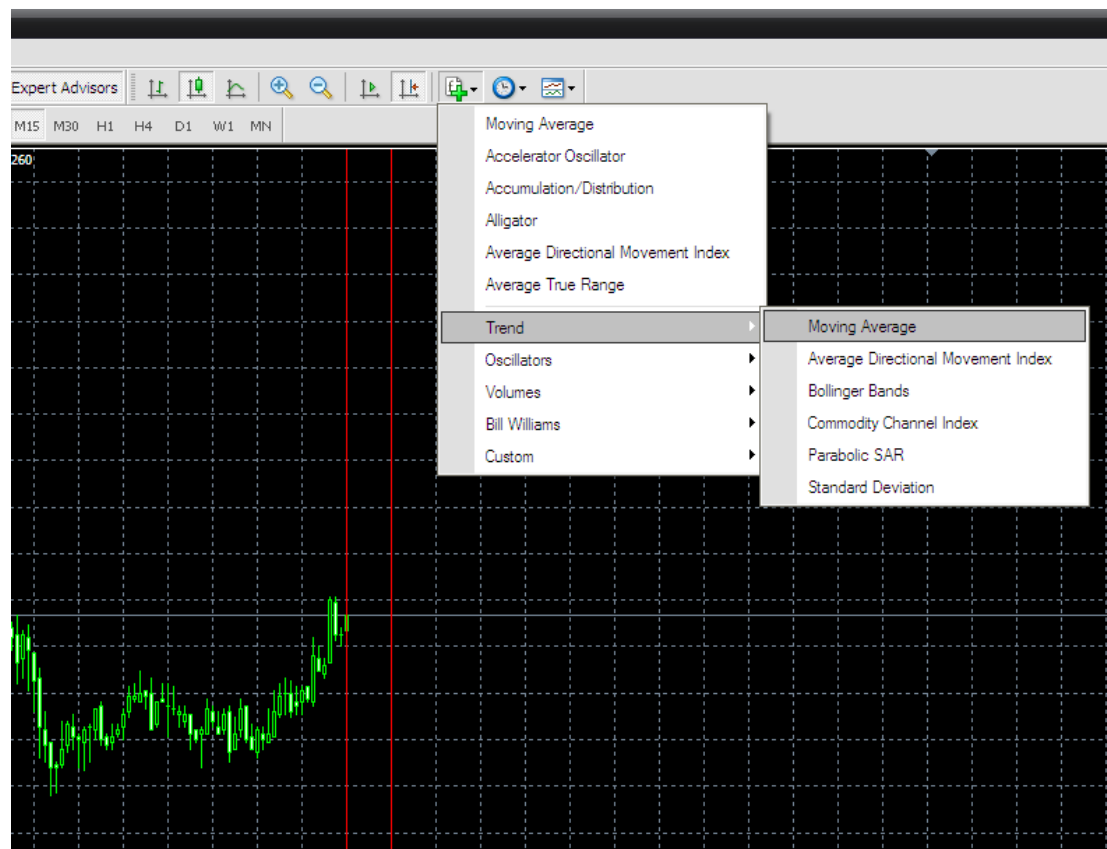
Once the settings box pops up adjust the settings to:

Period = 100
MA Method = Exponential
Apply to = Close

It can also be helpful to change the line's colour.

Moving Average

| Parameters | Levels | Visualization |

Period: 100   Shift: 0

MA method: Exponential

Apply to: Close

Style: Yellow

OK   Cancel   Reset

GBPUSD,M15 1.5255 1.5261 1.5255 1.5260

19 Jul 2010   19 Jul 09:00   19 Jul 13:00   19 Jul 17:00   19 Jul 21:00   20 Jul 01:00   2010.0 2010.07.20 09:00
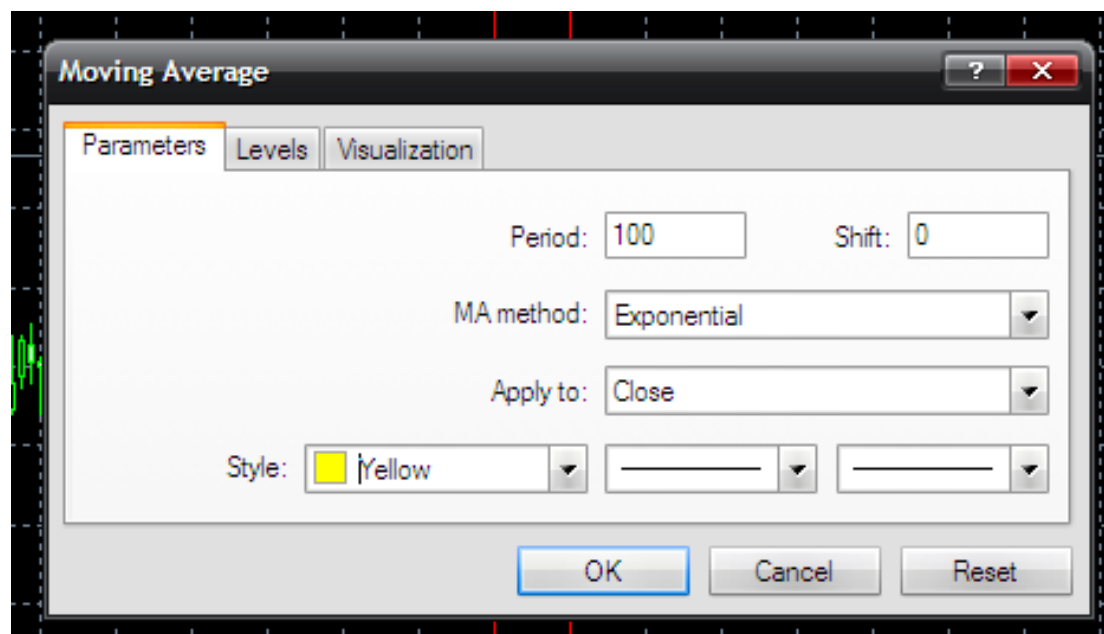
The next step occurs just a few minutes before 6 GMT.

First we switch to a 5m chart so that we can see more detail.

Then select the Horizontal line from the toolbar.
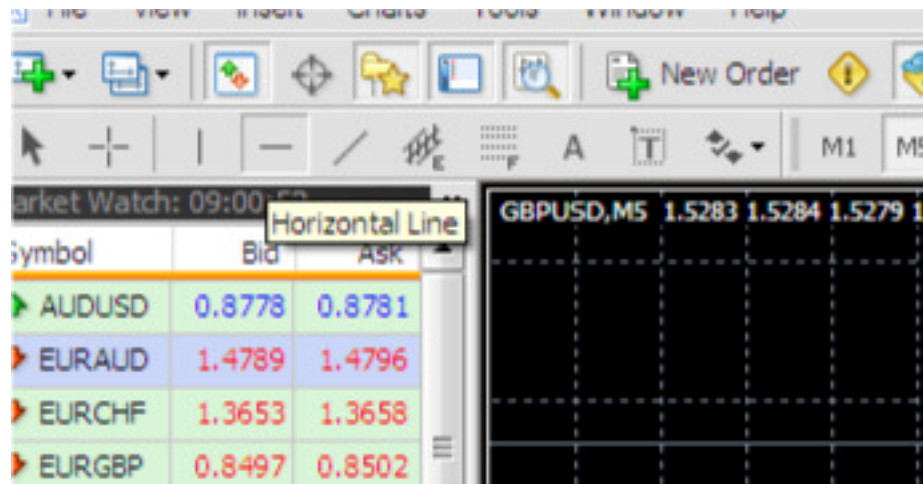
Then look carefully at the chart. Click the horizontal line **on highest point** that the candles reach, between our 4 and 6 GMT lines.

Put 1st Horizontal Line at HIGH point

Then repeat the Horizontal line for the **lowest point** that the candles reach, between our 4 and 6 GMT lines.

Put 2nd Horizontal Line at LOW point

Now switch back to the 15m chart.

HIGH

LOW

Moving average = BELOW BOX
This means we are going to enter
a BUY trade.

4 GMT   6 GMT

Now that we have switched back to a 15m chart we can see a box is drawn between the High/Low and 4/6 GMT. This is our range box.

The next step is to decide if a trade is possible. We do this by looking at the moving average in comparison to the location of the range box.

In this example we can see that the moving average is BELOW the box. This signals that we want to ONLY place a BUY trade.

Examples of other setups:

If the Moving Average moves below the box then this = a BUY TRADE

If the Moving Average moves above the box then this = a SELL TRADE

If the Moving Average crosses through the box then this = NO TRADES

To help illustrate this, see the images below:

BUY TRADE EXAMPLE

SELL TRADE EXAMPLE

1. Moving Average = ABOVE BOX = SELL ORDER

2. Place Pending SELL Order here at 6 GMT
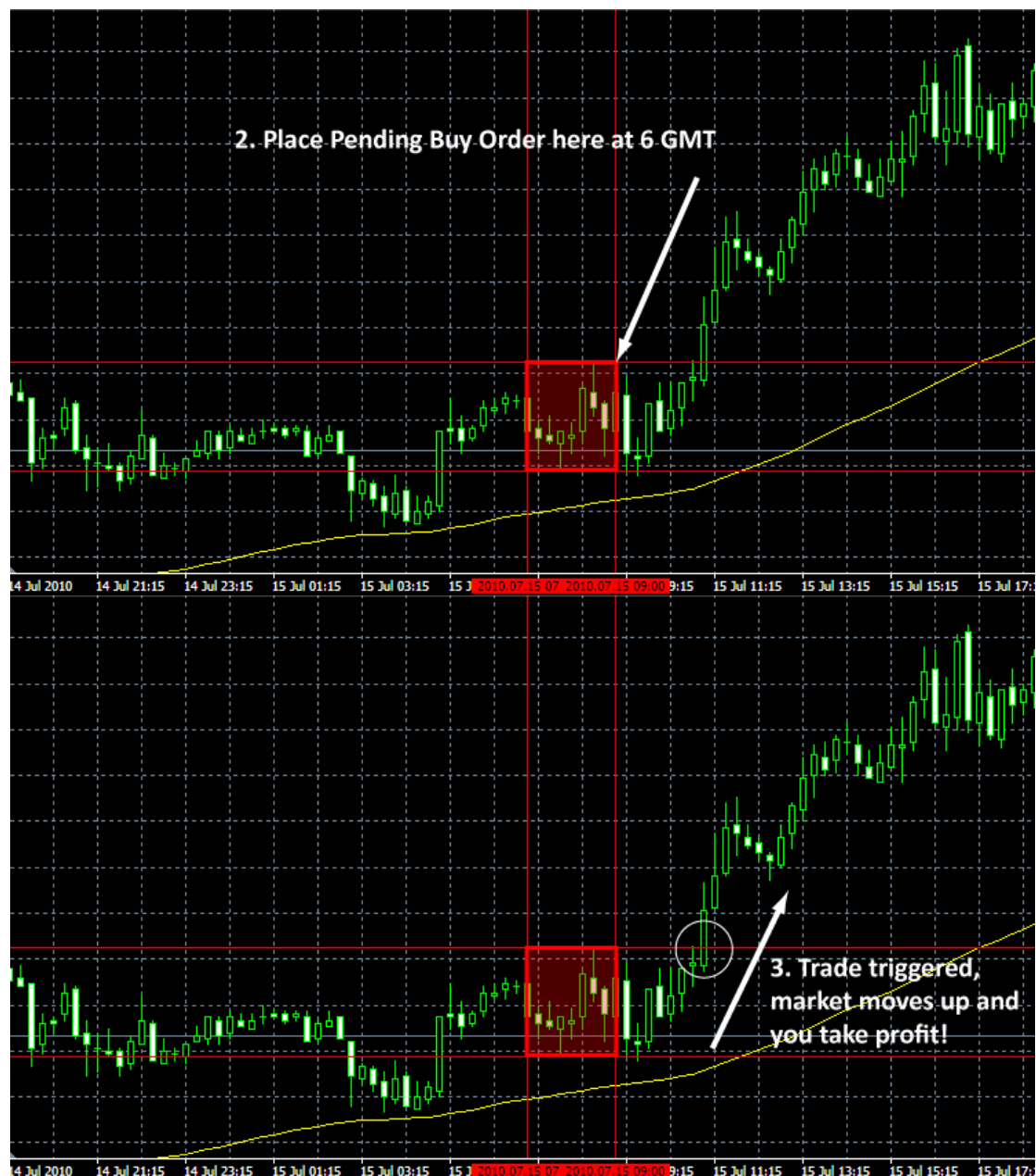
Moving back to our example setup we are now ready to place the trade. It should be as close to just after 6 GMT as possible that you do this step.

Using the range box as a guide we will now set a Pending Buy Stop order.

On the chart **Right Click** on the **High Horizontal Line**.

Select Trading > Buy Stop.

N.B. Check that the Buy Stop at is the same as the price of the High (upper) horizontal line.

IF the Moving Average had moved above the range box, indicating a SELL trade, then we would place a SELL STOP on the LOW Horizontal line.

RIGHT Click on the top line, and select Buy Stop
Check that the Buy Stop at Price is the same
as the Horizontal Line

Once you have clicked Buy Stop an options box will popup:

Adjust the lot size as you require and then click Place.

The Buy Stop order is now placed and ready. If the market moves up and triggers the trade then the pending order will become a trade.

Before this happens you need to edit the Pending Order to add a Take Profit and Stop Loss. To do this Right Click on the order in the Trade tab of the Terminal (see image above).

Edit the Stop Loss price so that it is 15 pips away. This is a Buy order, so the Stop Loss will be 15 pips below the entry price:

BUY PENDING ORDER = 1.5286

Set Stop Loss 15 pips away = 1.5271

Set Take Profit 22 pips away = 1.5308

Click Modify

At this point you can also set an Expiry Date/Time.

IMPORTANT. If a trade has not been triggered by 8:30GMT then we cancel ANY pending orders. You can do this manually by deleting the order at 8:30 GMT or by setting an expiry date in the modify order box. Be sure to adjust for broker/GMT time when doing so.

Our Pending Order is now in place and we are ready to trade. In this example it only took a few moments for the price to surge up and trigger our Buy Stop:

Trade is now triggered! We are in the market!

Now the price surges and breaks the range, it quickly heads for our take profit.

A few minutes later our take profit is triggered and we made money for the day!

As an addition to this strategy we like to sent 2 x Pending Orders with every signal and set the first take profit at 20 pips and the second at 75 pips, both with 15 pip Stop Losses.

Wrapping Up:

Now that you've mastered the Forex Supersonic manual strategy, you can use it day after day anytime you want to take advantage of the massive "breakout" trends in the forex market.

Remember to leave a comment on the blog to tell me about your success with this system, I know it works for a fact because I have been using it for long time as my main source of income from Forex and I am sure it will work magic for you too: http://www.forexsupersonic.com/blog

Talk soon,

John Wilson